

## Prayer for the young and our families with Kateri

Oh, most humble Kateri  
I seek your love and prayers  
I turn to you for your inspiration.  
May I know the power of humility, the strength of  
seeking God's will in everything I do this day.  
the compassion to care this way for those who are weak and  
in need of help, and the faith to forgive those who walk  
an hurtful violent path.  
Pray with me Kateri that through us, God our Creator  
Will comfort the orphan, watch over the neglected child,  
And wait with the youth who go astray.  
You lost your parents and found others along the way to  
Care for you and guide you, May all  
Parents and grandparents stay healthy, seek the selfless  
love of Jesus and give where giving is most needed.  
May they make wise decisions and heed daily the  
Wisdom of the Great Spirit.  
Your spirit was strong and your love for Jesus is deep  
May I trust that Christ will turn my weakness  
Into His strength and meekness, so that whatever comes  
to me this day, I may choose to do God's will and faithful will I stay. AMEN

Fr. David Shulist S.J.-Anishinaabe Spiritual Center  
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### **KITCHITWA KATERI ANAMEWGAMIK**

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## *5th Sunday in Ordinary Time*

The readings today hint both that the kingdom is not here yet here, and the kingdom is here! On the one hand, Job and Paul give us a bleak version of reality, one filled with weakness, suffering and exhaustion. On the other hand, we have Jesus, in whom heaven and earth come together.

Jesus knows what it is like for us; what is to be human, and how demanding people can be. He sees the hurt, pain and suffering we endure. We have the Incarnate Jesus: he brings healing and hope to all humanity. He comes to us, sharing in our humanity, and offers healing, friendship, and joy – all avenues to transform our suffering to blessings.

There is a crucial time in Mark's gospel that tells us how we can do this: "In the morning, while it was still very dark, Jesus got up and went out to a deserted place and there he prayer." No audience or crowds: Jesus alone in the dark in prayer to the Father.

We gather around the table of the Lord, where past and present meet, to encounter Jesus in the Eucharist. Let us quiet ourselves to be with the one who sees us, and sends us forth, to bring the kingdom wherever we are needed.

Adriana Rerecicb, Hamilton, ON. (Living with Christ)

*First Reading:*

**Job 7.1-4, 6-7**

*Psalms: 147*

*Second Reading:*

**1 Corinthians 9.16-19, 22-23**

*Gospel*

**Mark 1. 29-39**

Administrator: **Grace Esquega**

Deacons: Rev. Mr. Michael Robinson;

Rev. Mr. John Semerling

Ministers of Service: Sharon Arsenault; Susan Eberhardt; Grace Esquega;

Penny Fitzpatrick; Sandra Reynolds; Tammy Robinson; Lisa Semerling

Secretary/Bookkeeper: Sharon Arsenault

Parish Priest: **Rev. Gerry McDougall, SJ**

Parish Office Hours Tuesday & Thursday: 10:00 AM – 3:00 PM

**Masses for the Lord's Day**

**Sunday: 12:30 PM.**

**Weekday Mass Schedule**

**Monday: 12:00 PM.**

DIVINE MERCY DEVOTIONS Please contact the parish office.

THE HOLY ROSARY is recited half hour before all Weekday Masses

**Sacraments and Pastoral Needs**

Baptism: Please contact the parish office at least one month before. First Reconciliation and baptism date (622-5138)

First Communion (Grade Two and older): Please register with school or with the parish office. Families will be \contacted with requirements and other information.

Marriages: Please contact the parish office at least **six months** before the wedding date. Preparation will be required for the couple.

Reconciliation (Penance): Please make an appointment with one of the priests. (622-5138).

Sacrament of the Sick (anointing): please contact the parish office (622-5138) **or in the Regional Hospital, the on-call priest is available in an urgent need.**

Funerals: Please contact the parish office to arrange a funeral (622-5138). **All church services will be subject to Covid-19 protocol in effect of requested time.**

**Ash Wednesday: On February 14, 2024**

we will celebrate Ash Wednesday which begins the holy season of Lent. Ash Wednesday is a holy day of fast and abstinence for Catholics in which, by receiving ashes, fasting from full meals, and eliminating, in most cases, any meat consumption as abstinence, we show our desire to enter this holy time to seek forgiveness and mercy from God in order to prepare us for Easter Joy. May the Holy Spirit guide us during this special time of prayer

Ojibway class beginners begins on Feb 6,2024 at 4:00 pm Kateri basement.

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**Four Sacred Medicine Teachings:** Part 1 Cedar: Cedar has been and still is very important to our Indigenous peoples. It has held many uses and healing benefits. It represents the "West" on the Medicine Wheel. Cedar is traditionally picked in the forest away from highways and living area, so it is fresh and clean. Tobacco is placed on the ground to say thank you to our Creator for such a gift. Cedar should bewashed before boiling the boughs to make teas or sanitize your home. The tea is used for bad colds, /cont

**This Week in Our Parish**

**Sunday: Feb 4 ,2024**

12:30 pm mass

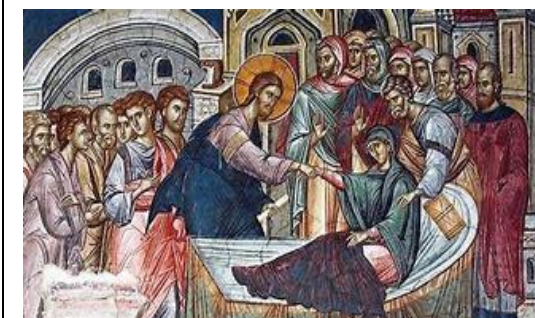
**Monday: Feb 5,2024**

12:00 p.m. mass

**Saturday 10th. 2024**

A.A. Meeting 8:00 p.m.

**Last Sunday's Collection: \$300.93**



pneumonia, respiratory inflammation, bronchitis. It is used in ceremony and the traditional smudge to rid oneself of negative energies and is often used with Tobacco, sweetgrass, sage to make ties at funerals. Cedar oil is also made for sacred blessings. There is a warning with drinking Cedar Tea to drink it sparingly for a short period of time.